



***Equine Hanna Somatics® Professional Training Program***  
**Online Three-Module Training via Zoom, May 23-26, 2022**  
**with Eleanor Criswell Hanna, Ed.D. and Alissa Mayer.**

We are pleased to announce this year's Equine Hanna Somatics Professional Training Program. The EHS certification training will be conducted in three modules. Modules are taught concurrently. Classes will be online, Monday through Friday 8:00 a.m.-4:00 p.m.

EHS training program will be conducted by Novato Institute Director and Equine Hanna Somatics founder and practitioner Eleanor Criswell Hanna, Ed.D. and Alissa Mayer.

Equine Hanna Somatics (EHS) is an adaptation of Hanna Somatics for horses. Like humans, horses experience stress and develop chronically contracted muscles. Chronically contracted muscles often create discomfort and restricted movement. Equine Hanna Somatics is a hands-on procedure for teaching horses, horse riders, and horse handlers the voluntary, conscious control of the neuromuscular systems of horses suffering muscular disorders of an involuntary, unconscious nature. Horses find EHS very relaxing. After the EHS session, horses walk, trot, and canter more easily and their muscles move more fluidly. During subsequent riding sessions, they seem to respond more readily to rider requests. Riders report enhanced bonding with their horses.

The program will begin with an introduction to the principles of Equine Hanna Somatics®. Other topics addressed will be the history of Equine Hanna Somatics, equine anatomy and kinesiology, somatic horse handling, safety, EHS basic protocols, Hanna Somatics for riders and horse handlers, the nature of the horse and learning, herd dynamics, equine neurophysiology, conformation/posture, assessment, equine somatic issues, ethics, legalities, practice building, and others.

Each of the three modules is \$1000; sliding scale \$550-\$750 after emailing [ecriswel@ix.netcom.com](mailto:ecriswel@ix.netcom.com) for approval. Participants are required to have experience with horses. Deposits and payments to be made at <https://equinehannasomatics.org/professional-training>. If you are interested in attending, please call (415) 897-0336 or email me at [ecriswel@ix.netcom.com](mailto:ecriswel@ix.netcom.com). A telephone interview is necessary for acceptance into the program. Novato Institute, 1500 Grant Ave., #230, Novato, CA 94945. For late registration, please phone the Novato Institute (415)897-0336 to see if there is space available. I hope you can join us for this year's EHS professional training program.

Sincerely,

Eleanor Criswell Hanna, Ed.D.  
Director